

RECIPES FOR THE ROAD — WINTER SERIES

FLORIDA STRAWBERRY AND CITRUS SHORTCAKE

RECIPE CREATED BY:
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INGREDIENTS

- 1 Florida orange, zested and juiced, divided
- 1 pound Florida strawberries, sliced
- 4 tablespoons Florida sugar, divided
- 2 cups unbleached all-purpose flour
- 1 stick unsalted butter, slightly melted and cooled
- 1 cup milk, plus 2 tablespoons
- 1 tablespoon baking powder
- Pinch of sea salt
- ½ teaspoon fresh ground pepper
- 1 cup heavy cream
- 1 teaspoon vanilla extract
- 2 tablespoons confectioners' sugar
- 1 teaspoon cornstarch

PREPARATION

Shortcake — Preheat oven to 450 degrees. Combine flour, 2 tablespoons sugar, baking powder and a pinch of salt in a medium bowl. Next add melted butter, 1 cup milk, and half of the orange zest and juice. Stir until combined, do not overmix. Drop dough by tablespoonful onto parchment-lined baking sheet. Brush tops with milk and sprinkle remaining sugar on each shortcake. Bake for 12–15 minutes or until cooked thoroughly. Remove from oven and set aside to cool slightly.

Strawberry Sauce — In a small saucepot, combine strawberries, remaining orange zest and juice, ground pepper and cornstarch. Bring to boil and reduce to simmer for 5 minutes or until slightly thickened, stirring frequently. Remove from heat and set aside to cool slightly.

Whipped Cream — Using a whisk or hand mixer, beat cream, vanilla and confectioners' sugar until stiff peaks form.

Assemble by cutting shortcake in half and topping with strawberry sauce and whipped cream.



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WHEN BUYING INGREDIENTS.



8 people die on Florida's roads **EVERY DAY** due to common mistakes behind the wheel. **YOU** can make a difference!

RECIPE FOR SAFE DRIVING

INGREDIENTS

(SERVES ALL ROAD USERS)

1 whole, undivided calm mind

1 well-maintained vehicle with functioning lights and signals

1 seatbelt per person, buckled

A dash of "Do Not Disturb" auto replies

Sprinkle of your favorite playlist

PREPARATION

1. Preheat by allowing **extra time** for your trip.
2. Fasten your **seatbelt**.
3. Set your phone on "**do not disturb**" mode.
4. Start your **favorite playlist** before you start your drive.
5. Give other drivers **space**.
6. Allow your drive to simmer **under the speed limit** while continually staying attentive to other road users.
7. Allow yourself to cool and **arrive at your destination safely**.
8. Serve with sides of **compassion for others**.



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