

RECIPES FOR THE ROAD — WINTER SERIES

FLORIDA MUSHROOM BISQUE

RECIPE CREATED BY:
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INGREDIENTS

- 2 pounds Florida mushrooms, roughly chopped
- ½ onion, diced
- 3 cloves garlic, minced
- 2 quarts vegetable broth
- 1 cup heavy cream
- 1 tablespoon all-purpose seasoning (your favorite)
- 2 tablespoons unsalted butter
- 5-8 sprigs of fresh thyme, leaves removed
- Vegetable oil
- Sea salt and fresh ground pepper, to taste

PREPARATION

Melt the butter and oil together in a large soup pot over medium-high heat. Add the diced onions and sauté until translucent (5 to 8 minutes). Add in the minced garlic and continue to cook for another minute. Reduce heat to medium and add chopped mushrooms and thyme. Cook 10 minutes, stirring frequently, until mushrooms release moisture. Add vegetable broth, heavy cream, all-purpose seasoning, sea salt, and fresh ground pepper. Cook for an additional 15 minutes then reduce heat to low. Blend soup using an immersion blender, or use a countertop blender and blend in small batches. If using a countertop blender, use caution when blending hot liquid. Serve warm.



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8 people die on Florida's roads **EVERY DAY** due to common mistakes behind the wheel. **YOU** can make a difference! . . .

RECIPE FOR SAFE DRIVING

INGREDIENTS

(SERVES ALL ROAD USERS)

1 whole, undivided calm mind

1 well-maintained vehicle with functioning lights and signals

1 seatbelt per person, buckled

A dash of "Do Not Disturb" auto replies

Sprinkle of your favorite playlist

PREPARATION

1. Preheat by allowing **extra time** for your trip.
2. Fasten your **seatbelt**.
3. Set your phone on "**do not disturb**" mode.
4. Start your **favorite playlist** before you start your drive.
5. Give other drivers **space**.
6. Allow your drive to simmer **under the speed limit** while continually staying attentive to other road users.
7. Allow yourself to cool and **arrive at your destination safely**.
8. Serve with sides of **compassion for others**.



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