

Transportation Demand Management

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Module 1 WHAT IS TDM AND WHY DO IT?



Typical Peak Period Travel





Volume Surpassing Optimal Flow





One solution: Increase capacity



Another Solution: Transportation Demand Management (TDM)

Application of strategies and policies to optimize existing systems and infrastructure by reducing travel demand or redistributing demand in time or space



What is transportation demand management?

The ability to accommodate the growth you need with the assets you have while preserving the quality of life you want







Where is TDM be applied?

- SOV travel
- Transit
- Freight









Why?

- Accommodate growth
- Preserve investments
- Save resources
- Maintain competitiveness
- Enhance quality of life
- Enable choice





How?

- Shifting trips (different times, different routes)
- Substituting trips (different modes)
- Eliminating trips (telework, flex schedules, freight villages)
- Optimizing more (management, technology)

Key to effectiveness

- Easy
- Affordable
- Efficient



The Opportunity



Of household trips are 5 miles long or less







Value of TDM: Choice

Average Annual Wage in Orlando-Kissemee-Sanford (2013) \$47,771/year

Average cost of owning and operating (one) automobile (2013): \$9,122 /year

Average Annual Cost of Attendance (University of Central Florida): \$16,848/year



Value of TDM: Adaptability



Average number of years between transportation project conception and delivery

Average financing period for major transportation construction or developments

Years before autonomous vehicles will be commercially available

year until the next big innovation in transportation





Pop quiz!

Do you typically:

- 1. Drive to work because you want to?
- 2. Drive to work because you have to?
- 3. Get to work some other way than driving?



Convinced & committed

Early adopters, driven by values or budgets (or both!)

Confident but cautious

Interested, but skeptical

Use alternate modes on occasion but uncertain of them

Would use alternate travel if they had knowledge of them and they were of equal value

No way, no how



Voluntarily choose even when other options are viable.





Boomers

Highest wage earners and greatest amassed wealth (sustaining economic development)





Millennials

Largest generation and rising workforce (attracting economic development)



2010 Census: Florida Profile



State Race* Breakdown Black or African American American Indian and Alaska Native (0.4%) -Aslan (2.4%) White (75.0%) Native Hawailan and Other Pacific Islander (0.1%) Some other race (3.6%) Two or more races (2.5%) *One race Hispanic or Latino (of any race) makes up 22.5% of the state population. Population by Sex and Age Total Population: 18,801,310 85+ Years -- 80 70 . 60 - 30 20 -- 10 355,000 355,000 710,000 0 Male Female **Housing Tenure** Total Occupied Housing Units: 7,420,802 32.6% Renter 67.4% Owner Occupied Occupied Average Household Size of Owner-Occupied Units: Average Household Size of Renter-Occupied Units: 2.47 people 2.49 people People per Square Mile by Census Tract 10,000.0 to 77,214.4 1,000.0 to 9,999.9 200.0 to 999.9 88.4 to 199.9 50.0 to 88.3 15.0 to 49.9 Less than 15.0 County Boundary Florida Mean Center of Population

Boomers - Empty Nesters

- **72%** prefer **shorter commute** and smaller home, over a longer commute and large home
- **49%** want to live near developments offering a mix of shopping, dining and offices
- For 52% access to public transportation is important. Older adults increased transit use by 40% in the last decade
- In the next decade, **1 in 4** drivers will be over 65 years old
- 21% of seniors will not drive

Millennials – Digital Natives

- **83%** sleep with their cell phone
- **80%** have texted in the last 30 minutes.
- Average **14.5 hours** of smartphone use per week.
- **2/3** would give up their car before their computer or mobile phone.
- **Over** ¹/₄ do not have a driver's license.
- **88%** want to live in an urban setting.

ULI survey



Value of TDM: Easing the commute

- Workers who have longer commutes are more likely to feel tired, as well as experience greater worry and less enjoyment.
- •The number of miles a person drives to work each day has a stronger correlation with obesity that any other factor analyzed.
- •When one partner in a marriage commutes longer than 45 minutes a day, the marriage is 40% more likely to end in divorce.
- •For every 10 minutes spend commuting, the number of "social connections" decrease 10%.
- •Commutes longer than 90 minutes increase the risk of neck problems and chronic back pain.
- •Every minute of a commute reduces time spent on healthy lifestyle activities, like preparing meals, resting, and exercising.

SOURCE: Obrella Insurance (http://www.obrella.com/news/2015/best-commuter-cities-florida/)



COMPONENTS OF TDM



Environment that <u>enables</u> TDM

Land use Network Systems Transit Bicycle Design







Land Use - Density











Land Use - Mix

Network Design



Total Hourly capacity: 6900









Total hourly capacity: 6200



Network Design







Systems







Design





Design





Design





Image Source: Dan Burden

Programs that encourage TDM







How are we doing? Commuting in Florida



How are we doing? (FL commuter behavior 2012 – 2013)



Smart Growth America Making Neighborhoods Great Together

Access to an automobile 92.6% to 92.8% (nationally 91%)

Drive alone commute rate 79.4% to 79.6% (nationally 76%)

Carpooling rate 10.1% to 9.4% (nationally 9.4%)

Walk and bicycle commuting 1.5% (nationally 2.8%)

Transit commuting 2.3% to 2.1% (nationally 5.2%)

Telecommute / work from home 4.8% to 5.1% (nationally 4.4%)



Module II

TDM IN FLORIDA


Module III

TYPICAL (AND ATYPICAL) TOOLS FOR TDM & IMPLEMENTATION



Transportation Demand Management (TDM)

Application of strategies and policies to optimize existing systems and infrastructure by reducing travel demand or redistributing demand in time or space







Optimizing resources





Option 1: Shift Time





Strategies for shifting time

- Variable pricing
 - HOT lanes
 - Parking management
 No more early bird specials!
- Alternate work
 schedules
 - Compressed work week
 - Flex schedule





Option 2: Shift Mode





Mode exercise.....literally





Vanpool

Employer supported commute reduction programs

Local, regional, or state programs may subsidize vanpool costs

Federal transit eligibility, or pre-tax employee benefits

vRide or regional vanpools





Carpooling

HOV travel lanes

Priority /preferred parking locations for carpool vehicles

Free or reduced parking rates

"Occasional use" passes for carpool participants

Ride share matching assistance





Transit Promotion

Free or reduced passes for students, downtown workers, or other employees

Transit benefits (pre-tax income)

Ride coaching





Transit Promotion cont.

Promotional activities associated with clean air challenges or festivals/ holidays

Shuttles or Park and Ride facilities







Bicycle Support

Comfortable systems

Supportive bicycle facilities (racks, lockers, showers)

Bike share

Bike stations

Bike benefits (pre-tax)

Good site design

Bike-buddy systems to help novice riders find routes

Accommodate the WHOLE trip (travel and parking)









Housing Programs

Live near work Promotion Real estate matching

Employer assisted housing

Employer provided housing







Long-view policies

Arlington County, VA

4 decades of development

Over 16 million square feet of development

8% of the land area produces 33% of the county's income

5% growth in traffic



- Development plan is consistent with the General Land Use Plan (FLUP), and no traffic problems are projected related to the development and its surroundings
- Development plan is consistent with the GL"UP, however, traffic problems are projected related to the development and its surroundings

A GLUP

amendment is requested for a nonconforming development plan, no traffic problems are projected however

A FLP amendment is requested, and traffic problems are projected Shifting mode

Pop quiz!

What is the most significant barrier to alternative commuting modes?



Information!

How alternate systems work

Where they go

How to use them





Technology

Online/ App supported route planning

Real time information - ubiquitous

Supported ride-matching services or online forums

Open data access for innovative apps







Guaranteed Ride Home

Low cost, big impact

Gives travelers confidence to use other modes

"in case something happens"

Very rarely called up







Challenges and Events

Bike to Work Day

Car Free Day

Commuter Challenge





Option 3: Shift Routes





Option 3: Shift Routes





Strategies for shifting routes

- Tolling
- ITS
- Route planning
- Remote parking and/ or variable pricing





Option 4: Increase Operational Efficiency





Telecommuting





Research has shown:

Enhances productivity

Decreases absenteeism

Increases employee morale





Curbside management

- Variable pricing
- Monitoring utilization and occupancy
- Smart meters
 - Smart payment
 - Smart communication





10-30%

Of traffic congestion in urban areas are cars circling looking for a place to park.

Car Share and TNCs

Autos are parked 90-95% of the time

Shared vehicles reduce necessity of private auto, increase auto availability

Each car share vehicle eliminates demand for 15 private vehicles and each car share member reduces their driving by an average of 50%

Transportation Networking Companies match needs with resources



Photo Credit: Flickr User AFagan





Parking spaces exist for every 1 registered vehicle





Parking Management

\$20,000/ space construction @ 5% interest for 20 years

\$31,650/space

\$132/month capital

+ \$ 70/month O&M

\$200/month/space to break even



What would commuters rather have?

• \$200 in "Free" Parking

• \$200







Parking Management

Unbundle parking from leases, contracts or units

Parking cash-out programs

Parking permit reform (buy only what you need)

Demand-based pricing and variable pricing

Tailor parking requirements







TDM Cost Effectiveness v. Alternatives

Strategy	Details	Employee Vehicle Trip Reduction Impact
Parking Charges ¹	Previously Free Parking	20%-30%
Information Alone ²	Information on Available SOV Alternatives	1.4%
Services Alone ³	Ridematching, Shuttles, Guaranteed Ride Home	8.5%
Monetary Incentives Alone ⁴	Subsidies for carpool, vanpool, transit	8-18%
Services + Monetary Incentives ⁵	Example: Transit vouchers and Guaranteed Ride Home	24.5%
Cash Out ⁶	Cash benefit offered in lieu of accepting free parking	17%





Implementation of TDM

- Employers
- Regional bodies (MPOs)
- Transit Authorities
- State programs or support




Transportation Management Organizations (or Associations) - TMO



Pooled resources – economies of scale

Organize and disseminate information more broadly

Allow small employers to offer comparable benefits



TDM FOR FREIGHT



TDM Tools for Freight

- Change rouge (designate truck routes)
- Change modes (truck or rail)
- Change hours (pick up and delivery)
- Change operations(ITS, facilities, parking)







Change Route

- How: Designated routes
- Benefits:
 - Minimize wear and tear
 - Focus design and maintenance
 - Reduce impacts to residents
 - Separate truck traffic from other users

- Challenges
 - Can have controversy over selection of routes
 - Last mile connections still necessary





Mode Shift

- How
 - Investments in intermodal hubs
 - Protection of rail corridors
 - Rail improvements (CSX National Gateway)
- Benefits
 - Rail is less expensive than truck for long trips
 - Fewer emissions
 - Reduced VMTs and congestion





- Truck is necessary for last mile
- Resident resistance to additional train traffic



Time Shift

- How
 - Incentives for off peak deliveries / penalties for peak delivery
 - Education and outreach to receivers
- Benefits
 - Reduce truck congestion, idling and delay and associated costs
 - Reduce shipping costs
 - Improve access to loading zones and docks

- Challenges
 - Residents may resist nighttime deliveries
 - For small business, can be a challenge
 - Need to change distribution center hours in response





Change Operations

• ITS

- Routing information
- Real time congestion and bottlenecks
- Smart dock management and scheduling
- Freight villages
 - Protected area for industrial activity
 - Can enable "trailer drops" reducing trips
 - Can redistribute from larger trucks to smaller.
- Parking and curbside management
 - Adequate loading zones
 - Better locations
 - Longer/appropriately sized
 - Metered for turn-over
 - Enforcement





Photo Credit: Flkr User Kevin Jaako

Freight TDM Strategies

TDM		xternal Cost	Private Costs		Difficulty to			
Strategy	Congestion	Health	Safety	Noise	Livability	Shipper & Receiver Costs	Carrier Costs	Implement
Anti-idling Policies	0	+	0	+	+	0	+	Low
Designation of Truck Routes	+	+	+	+	+	+	~	Medium
Modal Shift	~	~	~	~	~	~	~	High
Off-Peak Pickup and Delivery	+	+	+	-	~	~	+	Medium
Restrictions on Nighttime Delivery	-	-	~	+	~	~	-	Medium
ITS Solutions	+	+	0	0	+	+	+	Low
Land Use Strategies	+	+	+	+	+	+	+	Medium /High
Parking Policies	+	+	+	+	+	+	+	Low
Planning Information Strategies	+	+	+	+	+	+	+	Low

Beneficial Impact

Detrimental Impact

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No Impact

0

Dependent upon other variables



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SOURCE: Smart State Transportation Institute, "Getting the Goods Without the Bads"

EXERCISE

- Which tools(s) could have the greatest effect at a reasonable cost?
- Who must primarily lead (state, region, municipality, or private)? Who are partners?
- What is necessary for implementation?

Tools

- Peak period pricing
- Route selection / encouragement
- Vanpooling or carpooling
- Ridesharing
- Bicycling
- Transit
- Rail and intermodal hubs
- Street grid / network design
- Land use mix
- Parking management
- Information
- Promotions and events
- Technology and apps



Module III

STATE ROLE IN TDM



How does the state play a role in TDM?

Funding

Policies

Project Design

Access Approval

Capital Construction

Technology

Transit Coordination Modal Integration

Marketing/ Messaging







Funding





Funding, Cont.

Statewide Model- New Jersey Transportation Management Associations

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Funding passed through to local TMA's whose workplans are approved at the state level

Leverages local knowledge, enables targeted TDM solutions

the next generation of TMA

oin**today**



of life in southern New Jersey through Transportation Solutions

driveless.com

(856) 596-8228

Pooled resources – economies of scale

More hands-on assistance for local employers/ program







Policies

Policy	Example
Modal targets	Increase bicycle commute share to 3%, transit to 15% etc.
CO2 Emissions Reductions	Reduce transportation-related emissions by 15% below year 2000 levels
Accessibility Targets	% of people living within proximity to transit, necessary goods and services
TO integration into planning and construction	Model effect of TO when planning. Inclusion of set-aside funds for TO during large projects with travel disruption



Florida Policies

Florida Transportation Vision for 2060 Goals:

- Economic competitiveness
- Community livability
- Environmental Leadership
- Safety and Security
- Maintenance and Operations
- Mobility and Connectivity

Potential Indicators:

- Number of counties participating in development and implementation of regional visions
- Community polling on livability issues including satisfaction with public transportation and other mobility options
- Combined cost of housing and transportation as percentage of household income
- Travel time
- Walkability indicator



Project Design

Model effect of investment in TDM during alternatives analysis for large projects

EX: I-235 in Iowa

Alternative 1: TDM Investments (new TMA downtown) with IT infrastructure (ramp metering) and capacity improvements

Alternative 2: Significant additional capacity (including taking residences for needed ROW to accommodate)







Institute access management plans to corridors built to capacity

Create policies requiring access management for roads facing reconstruction, or when parcels redevelop





Capital Construction

Incorporate TDM programs and funding into construction budgets to alleviate impact on commuters

EX: S.R. 826 (Palmetto Expressway) and SR 836 (Dolphin

Expressway







Transit Coordination

IGAs and joint agreements for coordinated service planning

Regional fare & transfer policies







Modal Integration

Transit Hubs:

 Where transit, bike facilities, pedestrian-oriented infrastructure, car share and other modes align





Marketing and Messaging

- Websites
- Print media
- Web ads (Pandora, Hulu, etc)
- Radio
- TV ads





Most common TDM activities encouraged by state DOTs

٠	Bicycling	95%
٠	Carpooling	88%
٠	Promotion of Transit Use	83%
•	Walking	80%
٠	Vanpooling	80%
٠	Ridematching	68%
•	Telecommuting	49%
٠	TDM Marketing	49%
٠	Employer-based	
٠	Outreach/ Programs	46%
٠	Special Events Planning	41%
٠	Commuter Incentives	44%
٠	HOV Lanes/ Priority	44%
٠	Transit-oriented Dev't	39%
٠	Trip Chaining	22%
٠	Congestion/ Road Pricing	12%
•	Parking Pricing/ Mgmt	7%
٠	Pay-As-You-Drive Insurance	2%





STEPS TO IMPLEMENTING A TDM PROGRAM

MONITOR AND **ENFORCE ESTABLISH** MENU OF STRATEGIES & PROCEDURES DECIDE APPLICABILITY

SET TARGETS AND **EXPECTATIONS**

ESTABLISH POLICY

FOUNDATION





Florida Department of Transportation

CHARLIE CRIST GOVERNOR 605 Suwannee Street Tallahassee, FL 32399-0450 STEPHANIE C. KOPELOUSOS SECRETARY

FDOT Policy

Implementing TDM

POLICY

Effective: September 20, 2007 Office: Transit Topic No.: 000-725-050-h

References: s.341.041, F.S.;

The purpose of this policy is to ensure that the Florida Department of Transportation (Department) considers transportation demand management (TDM) strategies in all studies, plans, programs, functional areas, and in employee benefit programs.

TRANSPORTATION DEMAND MANAGEMENT STRATEGIES

The purpose of this policy is to ensure that the Florida Department of Transportation (Department) considers transportation demand management (TDM) strategies in all studies, plans, programs, functional areas, and in employee benefit programs. TDM is defined as a set of specific strategies that promote increased efficiency of the transportation systems and resources by promoting and providing a range of local or regional travel-related choices to influence individual travel behavior by mode, time, frequency, trip length, cost, or route.

The Department recognizes the benefits of TDM strategies in enhancing the mobility of Florida's residents and visitors and will consider TDM strategies in all appropriate studies, plans, programs, and functional areas. The Department will demonstrate its commitment to TDM by serving as modal employer for public and private business as allowed by law and as provided for in the **Telecommuting Program Procedure** (<u>No. 250-000-050</u>) and in the **Non-Standard Work Schedule Approval Procedure** (<u>No. 250-010-003</u>), and in other programs as approved.

In addition, the Department will encourage and promote single occupancy vehicle trip reduction programs at the local and regional levels, through the guidance and direction provided in the *Commuter Assistance Program Procedure (No. 725-030-008)* and in conjunction with other strategies and activities including Metropolitan Planning Organizations transportation plans and studies, Local Government Comprehensive Plans, locally prepared feasibility studies, and Transit Development Plans.

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Measuring TDM

- Challenge: measuring and incorporating impact
- Tracking and recording performance



1,931,486 gallons of gas saved



42,182,400 fewer vehicles miles traveled (VMT)



37,674,673 pounds of carbon dioxide averted from entering the atmosphere



\$25,121,308 saved in personal commuting costs







Table 11 - Florida CAP Evaluation Results

Measuring TDM



Performance Measure	Results		
Vehicle miles of travel reduced*	28,289,200	Miles	
Vehicle trips reduced*	847,800	Trips	
Percent of Drive-alone Customers Switching to a	3% to 16%	Net values of	
Commute Alternative (the most restrictive definition)		customers	
Percent of Drive-alone Customers Switching to a Commute Alternative (a more generous definition)	13% to 35%	Gross values for all customers influenced by program	
Annual current carpool and vanpool person miles of travel*	35,152,948	Person Miles	
Annual current carpool and vanpool person trips*	1,145,385	Person Trips	
Customer Round-Trip Commutes Avoided By Use of Telework	601,061	Trips	
Customer Round-Trip Commutes Avoided By Use of Alternative Work Schedules	721,537	Trips	
Gasoline consumption reduced*	1,243,400	gallons	
Carbon Dioxide*	11,050	Metric tons	
Carbon Footprint (CO2 Equivalent)*	11,390	Metric tons	
Cost Savings to Commuters * (saving based on only fuel, tire, maintenance and reduced depreciation costs)	\$9,847,000	Per year	
Customer Satisfaction (1 = Not At All Satisfied and 10 = Very Satisfied)	5.6 to 7.2		
Customer Satisfaction – Would Recommend	Depending on the CAP: 54 to 84		
	percent would definitely or probably recommend		
Share of customers receiving names of potential ridematches who contacted others	37%		
Share of customers receiving names to pool and	45%		
contacted other who actually formed a pool			
Overall share of customers who were successful in	8%		
forming a pool with assistance of CAP			





DISCUSSION

- Which plans, policies and guiding documents relate to TDM?
- How is TDM incorporated into FDOT project planning, design and development?
- How can the state implement or support TDM?
- Are there adopted targets for TDM in Florida? Which targets would be appropriate
- How can FDOT contribute to measurement and evaluation of impact? What are appropriate performance measures?







Multimodal Development and Delivery (M2D2) is a partnership between the Florida Department of Transportation (FDOT) and Smart Growth America to identify modifications to FDOT policies, guidance, manuals, procedures and general practices needed to implement FDOT's Complete Streets policy in order to promotes safety, quality of life, and economic development in Florida.

www.smartgrowthamerica.org