



Manatee Mobility Week

Health Walk 2020



Join us for a family-friendly walk with health professionals along the Riverwalk to discuss health topics related to active lifestyle and mobility.

SPECIAL DETAIL HERE

- > Bags for goodies, healthy snacks, water and information about healthy communities
- > Discussion about the benefits of walking and having a network of sidewalks and trails throughout the County
- > **1.5 mile loop beginning & ending at the downtown library**

For more information and maps about this event go to www.mymanatee.org/mobility

Mobility Week: Manatee Moves and your health!

 **Mobility Week**
OCT 30 – NOV 6, 2020

Health Walk 2020

Sunday, Nov. 1st
from 2:00 p.m.–3:00 p.m.

Manatee Downtown Library Parking
1301 Barcarrota Ave, Bradenton,
FL 34205

More information:
www.mymanatee.org/mobility