

The Mind is a Wonderful Thing...

It starts working the minute you're born and never stops until you get up to speak in public.



Class Goal

To enable the participants to comfortably present information and material in a professional manner

Class Objectives

 Become familiar with the tools of the trade

- Stage presence
- Presentation staging
- Presentation content
- Adult learning
- Practice
- Performance



To Make Yourself More Comfortable Speaking in Public

- Know your Material (be prepared)
- Know your audience
- Know your platform
- Prepare your primary equipment
- Approach the platform with poise & presence

Plan Your Success

Five Questions To Ask:

- Who?
- What?
- When?
- Where?
- Why?



Introductions Presentation #1



- Stand up and tell us your name
- What do you do at FDOT?
- What types of presentations have you done before?

Tools of the Trade

- Lectern
- Microphone/ Lavalier
- Projector
- Computer
- TV/DVD

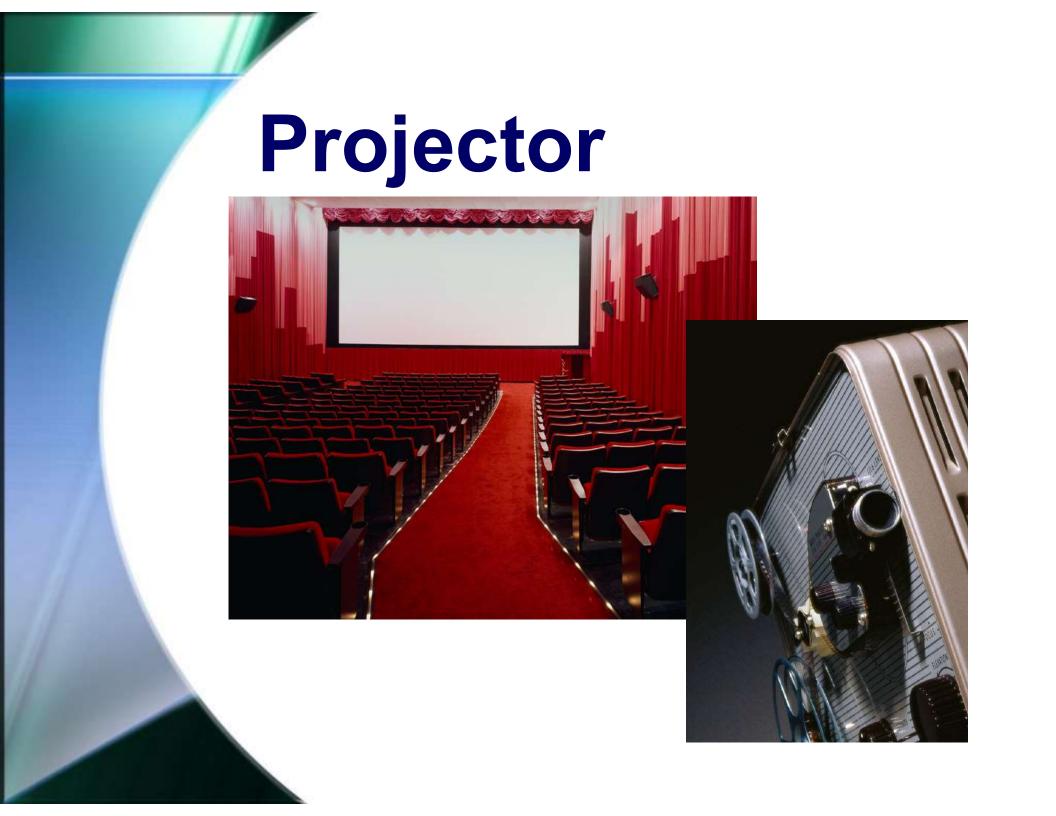
- White board
- Flip charts
- Handouts
- Laser light pointers



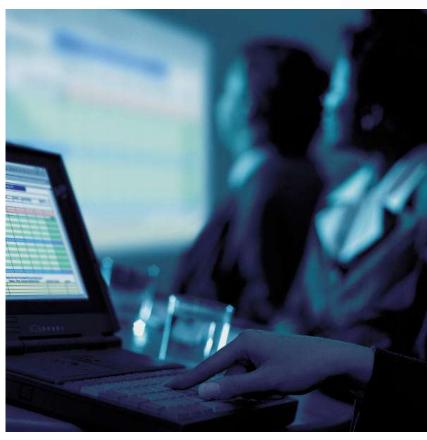






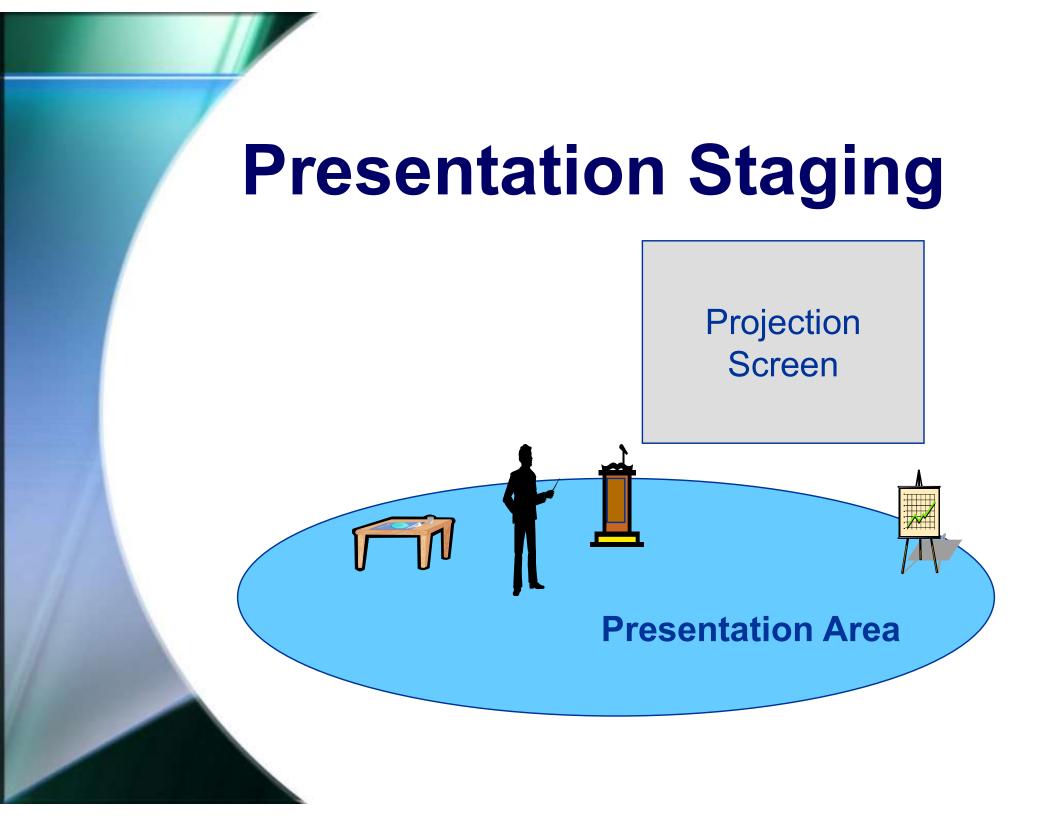












Stage Presence

- Stand on a 45 degree angle to your audience
- Look at people around the room as you speak
- Gesture naturally
- Project your voice to the back of the room
- Move around slowly, taking your cue from your audience
- Relax and have fun

Hands

- Keep your elbows in to your side
- Let them move naturally
- Don't put both of them behind you or in your pockets



But if...

- My audience is getting fidgety
- I see everyone yawning
- People are squirming in their seats
- If they have that glazed look in their eyes



It's Time for a Break 15 Minutes Please

Preparing a Presentation **GOAL**

What you want to present. A broad general statement for what you want to accomplish.

OBJECTIVES

What you want the audience to know or be able to do at the end of the presentation.

CONTENT

Information you will use to reach your objective.



Points in Speaking



- Volume
- Tone
- Pitch (quality of highs and lows)





- Speed
- Language (no 'jargon')

Practice Makes Perfect

For a successful presentation delivery



- Rehearse in front of a mirror
- Rehearse in a vacant room
- Rehearse in front of a video camera

It's Showtime!

"Act like you own the room, and soon enough, YOU WILL."



- Know your purpose
- Know your audience
- Know your subject
- Practice
- Check your equipment
- Approach the platform with confidence

Individual Presentation

Prepare the goal and one objective for a 2-3 minute presentation to the class



Presentation Content



15 minutes to prepare

2-3 minute presentation

