









Distracted Driving Awareness Social Media Posts

Tag: Florida Teen Safe Driving Coalition, SADD

Post Images	Post Content
	<p>Distracted driving is extremely deadly. Help save lives by keeping your eyes on the road, both hands on the wheel, and your mind focused on driving.</p> <p>👁️👉🧠</p> <p>#EndDD #PutItDown #JustDrive</p>
	<p>⚠️ Did you know there are three forms of distraction? Cognitive distraction occurs when your brain is thinking about something other than driving.</p> <p>⚠️</p> <p>#EndDD #PutItDown #JustDrive</p>
	<p>⚠️ Did you know there are three forms of distraction? Visual distraction occurs when your eyes are taken off the roadway or when something is obstructing your field of view. ⚠️</p> <p>#EndDD #PutItDown #JustDrive</p>
	<p>⚠️ Did you know there are three forms of distraction? Physical distraction occurs when one or both of your hands are taken off the steering wheel.</p> <p>⚠️</p> <p>#EndDD #PutItDown #JustDrive</p>

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<p style="text-align: center;">THE FIGHT TO END DISTRACTED DRIVING STARTS WITH YOU!</p> <p style="text-align: center;">KNOW THE FACTS:</p>  <p>Texting is considered the most dangerous form of distraction because it involves all three types (cognitive, visual, and physical).</p> <p style="text-align: center;"><small>FLORIDA SAFE DRIVING CAMPAIGN FDOT</small></p>	<p>📵 Texting while driving is illegal in Florida! You must be “hands-free” when traveling through work zones and school zones. Make safe choices and put the phone away while driving. 🚧 🚚 🚓</p> <p style="text-align: center;">#EndDD #PutItDown #JustDrive</p>
<p style="text-align: center;">THE FIGHT TO END DISTRACTED DRIVING STARTS WITH YOU!</p> <p style="text-align: center;">KNOW THE FACTS:</p>  <p>The impairment caused by a person using a cell phone while driving can be as extreme as a drunk driver.</p> <p style="text-align: center;"><small>FLORIDA SAFE DRIVING CAMPAIGN FDOT</small></p>	<p>Don't text and drive! Driving distracted slows your ability to react to potential road hazards, much like alcohol impairs your ability to drive safe. Focus on safe driving, always! 🚫</p> <p style="text-align: center;">#EndDD #PutItDown #JustDrive</p>
<p style="text-align: center;">THE FIGHT TO END DISTRACTED DRIVING STARTS WITH YOU!</p> <p style="text-align: center;">KNOW THE FACTS:</p>  <p>You're 23 times more likely to crash if you text while you drive.</p> <p style="text-align: center;"><small>FLORIDA SAFE DRIVING CAMPAIGN FDOT</small></p>	<p>It's just not worth the risk! That text, TikTok, or email can wait. Instead, focus on driving, or pull over to a safe location if you must interact with your phone. 🚫</p> <p style="text-align: center;">#EndDD #PutItDown #JustDrive</p>
<p style="text-align: center;">THE FIGHT TO END DISTRACTED DRIVING STARTS WITH YOU!</p> <p style="text-align: center;">KNOW THE FACTS:</p>  <p>Distractions aren't just phones. Other dangerous distractions can include: eating, grooming, smoking, interacting with car infotainment systems, and PASSENGERS.</p> <p style="text-align: center;"><small>FLORIDA SAFE DRIVING CAMPAIGN FDOT</small></p>	<p>Distractions come in many forms! Anything that takes your attention away from driving is considered a distraction. Make sure pets are properly secured, food is put away, and passengers are wearing seatbelts.</p> <p style="text-align: center;">#EndDD #PutItDown #JustDrive</p>

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<p>THE FIGHT TO END DISTRACTED DRIVING STARTS WITH YOU!</p> <p>WHAT CAN YOU DO?</p> <p>NEVER TEXT OR TALK ON YOUR CELL PHONE WHILE DRIVING: Even though hands-free systems seem helpful, they're not the solution. Keep your mind on the road.</p> <p>MAKE A PLAN: Know where you are going before you get in the car. Program the GPS before you drive. Check weather and road conditions beforehand to be prepared.</p> <p><small>SAFE DRIVING CAMO FDOT</small></p>	<p>Distracted drivers experience inattention blindness. They do not process everything in the roadway to monitor their surroundings, identify potential hazards, and respond to unexpected situations. Make the safe choice and just drive!</p> <p style="text-align: center;">#EndDD #PutItDown #JustDrive</p>
<p>THE FIGHT TO END DISTRACTED DRIVING STARTS WITH YOU!</p> <p>WHAT CAN YOU DO?</p> <p>MANAGE YOUR TIME: Don't be in such a hurry that you have to speed or drive aggressively on the road.</p> <p>SCAN AND LOOK AHEAD: Look down the roadway to make sure that you are aware of others on the road at all times. Be prepared for the unpredictability of others.</p> <p><small>SAFE DRIVING CAMO FDOT</small></p>	<p>Safe and attentive driving starts with you! Set the GPS and music playlist before you start driving. Leave the house a few minutes early, so you're not rushed. These little things can have a BIG impact on safety.</p> <p style="text-align: center;">#EndDD #PutItDown #JustDrive</p>
<p>THE FIGHT TO END DISTRACTED DRIVING STARTS WITH YOU!</p> <p>WHAT CAN YOU DO?</p> <p>CONCENTRATE: Think about what you are doing while driving. Make sure you are not upset or tired when getting on the road. Keep passengers quiet and calm.</p> <p>PULL OVER: If you need to do something that will take your eyes and/or mind off of the road, pull over and stop first. Do not reach or lean while driving.</p> <p><small>SAFE DRIVING CAMO FDOT</small></p>	<p>We all have a part to play in the fight to end distracted driving. This can include not driving while tired or upset, being a good passenger, and pulling over to a safe location to take calls or handle tasks unrelated to driving.</p> <p style="text-align: center;">#EndDD #PutItDown #JustDrive</p>
<p>THE FIGHT TO END DISTRACTED DRIVING STARTS WITH YOU!</p> <p>WHAT CAN YOU DO?</p> <p>SLOW DOWN: Drive at a safe speed so you can be aware of what other drivers are doing and have time to react.</p> <p>BUCKLE UP: Always wear your seat belt and make sure all passengers are buckled up, too. You are less likely to be distracted or involved in a crash if you and your passengers are secured in your seat.</p> <p><small>SAFE DRIVING CAMO FDOT</small></p>	<p>⚠️ How does speed relate to distracted driving prevention? By paying full attention to the road, and driving within the posted speed limit, you can increase your potential to safely react if faced with a nearby unsafe driver. Always buckle up, too! 🚗</p> <p style="text-align: center;">#EndDD #PutItDown #JustDrive</p>