



# 100 DEADLIEST DAYS FOR TEEN DRIVERS

*The “100 Deadliest Days” is the period between Memorial Day and Labor Day when fatal teen crashes increase dramatically. Parents are the best line of defense to ensure a safe ride.*

## TIPS TO KEEP TEEN DRIVERS SAFE

### Limit Passengers

When a teen driver has their friends in the car, the risk of a crash increases dramatically! Two additional passengers increase the risk of a crash by 158%.



### Eliminate Distractions

It's just not worth the risk! That text, TikTok, or email can wait. Instead, focus on driving, or pull over to a safe location if you must interact with your phone.



### Pay Attention

It only takes a second of driver inattention to trigger a fatal outcome. Scanning the road ahead helps you remain alert and be prepared for hazards or traffic conditions.



### Restrict Nighttime Driving

Reduced visibility, inexperience, and driver drowsiness are all factors that make driving at night more dangerous for teens.

Graduated Driver Licensing ensures teens drive during less dangerous hours until they have gained more experience on the road.



**Curfew restrictions apply during nighttime driving hours for all licensed teens aged 16 & 17.**

### Buckle Up

Using a safety belt is one of the most effective ways to save lives and reduce injuries in crashes. Encourage your teens to buckle up every trip, every time.



### Obey Posted Speed Limits

Speed is a factor in more than 33% of all fatal teen crashes. By paying attention and obeying all posted speed limits, we can all greatly reduce the likelihood of being involved in a crash.



### Never Drive Impaired

Drugs and alcohol can alter your ability, perception, attention, coordination, reaction time, and other skills needed to drive alert and safe. Never ride with an impaired driver and always have a plan to get home safe!

**Parents, make sure your teen knows they can count on you for a safe ride!**

